

# **A-Team USA National Week for CHOICE!**

**Monday October 18<sup>th</sup> through Friday October 22<sup>nd</sup>**

**Best Practices for state chapters for Virtual and Personal Connections**

## **All posts should include:**

- ✓ A-team shirts, or wear green.
- ✓ Make a sign or print off the National Week of CHOICE logo (coming soon)
- ✓ Promote the theme – Work Choice Home Choice Life Choice

## **MONDAY – “Mission Monday”**

The A-Team Mission is to **Advocate**, create **Awareness**, and provide **Advisement** for the promotion of work, home, and life choices.

***How do you promote this mission?***

### **Here are some ways to share media:**

- Post a picture with a legislator
- Post a picture with your A-Team chapter
- Post a video telling Your Exceptional Story
- Post a video or picture of a meeting with a policy maker

## **TUESDAY – “There’s no place like HOME”**

Where you call “HOME” is a personal choice for A-Team champions. Everyone has the right to choose where they live. With parents, with friends, in a community or a group home. It is your choice!

***Why is your home choice important to you?***

### **Here are some ways to share:**

- Post a picture of your house, or a favorite place in your home (bedroom, office, kitchen)
- Post a video or picture of you at home doing one of your favorite activities, (cooking, playing games with friends, taking a walk, playing with your pet)
- Post a group photo of you and your family, or friends where you live

## **WEDNESDAY – “Workplace Wednesday”**

Your job gives you dignity, purpose, and independence. Its where you connect with friends, build skills and you are empowered.

***Where do you work and why is this choice important to you?***

### **Here are some ways:**

- Post a picture of your workplace. Show yourself doing a favorite task.
- Post a video or picture of you and your friends at work.
- Post a picture with you and your boss or a favorite co-worker.
- Post a video about your boss or co-workers and why they support your work choice.
- Plan a visit to you state capitol or plan meetings with legislators across your state.

### **THURSDAY – “This is MY LIFE”**

A-Team champions recognize life, liberty, and the pursuit of happiness as their personal rights under the Declaration of Independence. October is National Disability Employment Awareness Month as well. This is a perfect day to promote my life!

***Share something important to your amazing life!***

Here are some ways:

- Post a picture or video that shows what is most important in your life and tell us why.
- Post a picture of a “most important person” in your life.
- Post a memory, or important event that made an impact on your life.
- Share the “This is MY LIFE” video everywhere!

### **FRIDAY – “Fun for All” Altogether for Choice!**

A-Team champions let’s have some fun! Today we will promote all the fun times we have with friends, family and in the community.

***Promote a favorite pastime, joke, memory or whatever you do for fun!***

Here are some ways:

- Post a picture or video of you doing something just for fun!
- Post a video of you doing a magic trick or telling a joke.
- Post a picture of you and your pet.
- Post a picture of you wearing your favorite sports team gear. Hat, jersey or whatever. Tell us who your favorite player is and why.